**Kayaking from the Club**

If you have any signs/symptoms of illness stay away from the club.

At the club Face coverings to be worn only removed whilst on the water

Always observe the 2-metre rule.

Only competent paddlers permitted on water.

Only boat shed accessible at the Rowing club. No Changing rooms no toilet facilities

Come changed ready to paddle.

Leave all towels and dry clothing in Car none to be placed in shed.

Use hand sanitizer for hands before opening and shutting boat store door and using tap

Only handle your own boat and equipment in shed.

Only one person in boat shed at any one time unless from the same household requiring a double kayak.

When you have your boat do not stand about access the water as soon as possible.

Access and egress water at the upstream end of the steps one boat at a time there is a taped off area for us.

On the water you should always maintain 2 metre separation and should only be paddling maximum group size of six.

Club boats, and paddles to be washed thoroughly after use there is disinfectant, bucket and sponge inside boat store, Sanitize hands before use of tap.

Store your paddles / buoyancy aid in your boat after use or take them home.

Tony Spencer 15.3.21