**Name: Hereford Kayak Club**

**Assessment carried out by Tony Spencer Andrew Wibmer**

**Date assessment was carried out: 14/3/2021**

Only the Hereford Kayak Club boat shed will be accessible, the Rowing Club including toilets will remain shut until further notice. The shed is only available for use by key holders and those in the same household with the key holder present.

Hereford Rowing Club Risk assessment takes precedence over this.

**Types of Transmission of COVID-19 and control measures**

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| **Droplet Transmission -** The risk associated with each action in an activity based on duration and proximity of participants. - The majority of Paddlesport activity takes place with participants at distances greater than 2m and is therefore in the low category.  |
| **Contact Point** | **Type** | **Proximity** | **Risk**  | **Interaction time**  | **Cumulative** **Risk**  | **Adaptations/Mitigation**  | **Reasoning**  |
| Proximity to other paddlers: arriving at or departing from a session, getting equipment out of boat shed | Face to face & Not face to face | >0.5m | Medium  | Fleeting | Medium | Face coverings to be worn on arrival removed on the water.Only one person or two from the same household in boat shed.Paddlers to adjust kit and launch independently where possible, Avoid activities that come into close proximity, discourage shouting, Social distancing Signage, one way routes and walkways. | Reduction of close proximity  |
| Proximity to other paddlers - Crew boats. | Not face to face | >1m | Medium | Varies | Medium | Not turning to talk to crew face to face, wearing of masks setting up the boat, crews should be self selecting and ideally households | Reduction of close proximity  |
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| Leaders and Coaches giving instructions and coaching | Face to face / Loud voices | 2m | Low | Fleeting | Low | Avoiding raised voices, socially distanced briefings and well understood safety procedures. | Reduction of close proximity  |
| Rescues | Face to face | <2m | Low | > 5min | Low | Avoid rescues where possible by paddling within your capability, to reduce the likelihood of a capsize/rescues required self-rescue where practicable, follow FSRT principles of Self - Team - Victim - Equipment &Shout - Reach - Throw - Row - Go. Encourage paddlers to wear buoyancy aids | Reduction in close proximity |
| Sitting on the wash | Not face to face | >1.5m | Low | Variable | Med | Do not turn to face other paddlers, avoid shouting, paddlers should be self-selecting and within households where possible | Reduction of close proximity  |
| Provision of First Aid | Face to Face | <1 | Poss High | Variable | Poss High | Follow Gov.uk first responder guidance, Have sufficient control measures to reduce likelihood of an incident. |  |
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| **Fomite Transmission:** The risk associated with the handling and transfer of equipment in the sport. Is very low risk providing sensible precautions such as hand and equipment washing/sanitizing are carried out |
| **Contact Point** | **Type** | **Occurrence** | **Risk**  | **Interaction time**  | **Cumulative** **Risk**  | **Adaptions/Mitigation**  | **Reasoning**  |
| Shared Equipment (Water) | Hand / Body |  | Medium | > 10min | Medium | Equipment should be cleaned and sanitised after use by the person who used it Avoid shared equipment where possible | Reduction of transfer |
| Shared Equipment (Land) | Hand / Body | Sessional | Medium | >10min | Medium | Good Hand Sanitising.Equipment should be cleaned and sanitised before use by the person using it. Avoid shared equipment where possible.Exercise equipment (ergos ) cleaned between users or as part of a managed session cleaning regime. | Reduction of transfer |
| Setting up of equipment | Hand / Body Individuals responsible for personal setting up of equipment e.g. adjusting boats | Once per session | Low | > 5min | Low | Equipment should be cleaned and sanitised before use by the person using it Avoid shared equipment where possible | Reduction of transfer |
| fixed equipment Landing stage | Hand / Body  | Once per session | Low | > 5min | Low | Reduce contact where possible (not getting in and out multiple times in a session), good hygiene precautions  | Reduction of transfer |

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| **Population**: The number of participants likely to take part in the proposed activity plus known risk factors of participants with underlying health conditions or high risk groups who wish to participate. |
| **Contact Point** | **Type** | **Proximity** | **Risk**  | **Interaction time**  | **Cumulative** **Risk**  | **Adaptions/Mitigation**  | **Reasoning**  |
| Arriving and getting ready / Booking in at events | Paddling Sessions | >2m | Low | <20min | Low | Ensure social distancing, staggering start times,Manage group size and attendance, Encourage paddlers to arrive ready to paddle | Reduction of close proximity  |
| Post session and departure | Paddling Sessions | >2m | Low | <20min | Low | Discourage post session chats, Encourage paddlers to depart as soon as possible. | Reduction of close proximity  |
| Underlying health conditions | Paddling Sessions |  >2m | Low | ongoing | Low | Ensure that participants understand the risks and discuss their individual needs and communicate to those who need to know | Reduction of transmission risk to high-risk groups |
| Risk Groups | Paddling Sessions | >2m | Low | Ongoing | Low | Identify participants in high-risk groups (Age, Gender, Ethnicity, etc.) discuss management with them | Reduction of transmission risk to high-risk groups |
| Large Group Session | Paddling Sessions | >2m  | Low | Ongoing | Large | Ensure social distancing is carried out. Operate in Sub groups of six. | Reduction of transmission |

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| What are the hazards? | Who might be harmed? | Controls Required | Additional Controls | Action by who? | Action by when? | Complete |
| Spread of Covid-19 Coronavirus | Staff, club members, volunteers, paddlers and visitors to your cub.Vulnerable groups – Elderly, Pregnant workers, those with existing underlying health conditions.Anyone else who physically comes in contact with other people in relation to your business. | **Access to Hereford Kayak Club Boat shed**Access restricted to key holders only – to include those living with the key holder. Social distancing rules to apply. Only One member to be in the shed at any given time, except for household groups. No personal clothing or equipment to remain in the boat shed while member is on the water.**Access to the water**Paddlers to arrive changed and ready to paddle. Access to the water is to be by the shortest route via the main steps, social distancing in use at all times. Members are expected to access or leave the water promptly. When finished paddling, members to change at home.**Hand Washing**In the absence of hand washing facilities, Gel sanitisers must be used prior to opening and locking and leaving the Kayak club boat store door.**Cleaning**Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, using appropriate cleaning products and methods. **Shared Equipment**There shall be no shared equipment, any key holders requiring the use of club equipment shall have it assigned to them until it is no longer needed, buoyancy aids and paddles shall be kept in the paddlers boat or taken home.Any returned equipment should be wiped down with water and detergent/disinfectant after use. This will include boats, paddles, buoyancy aids and any other shared objects/materials.**Information**The most current Information to be posted on Web site, Facebook page, emailed to all members and Signage on door. | Information to be posted on Web site, Facebook page, emailed to all members and Signage on door.Members are reminded take with them hand sanitiser or wipes. Sanitiser and wipes available inside the boat shed only for use if required. Signage in the boat shed door.Responsibility of all members using the facility. Reminded by signage in the boat shed door. |  |  |  |

**Types of Transmission of COVID-19 and control measures**

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| **Risk of Transmission** | **Risk**  |  **Control Measures** |
| Droplet transmission: The risk associated with each action in an activity based on duration and proximity of participants. | * Proximity to other paddlers
* Face to face conversations (e.g. turning to talk to another paddler in a crew boat)
* Leaders and Coaches shouting instructions to groups.
* Sitting on the wash of other boats
* Carrying out rescues
 | Social Distancing:* Being outside
* Wearing of face coverings until on the water
* Avoiding groups of people pre and post activity
* Ensuring that paddlers do not come closer together than a minimum of 2m without additional control measures.
* Clear signage to explain the risk.
* Avoid activity that may increase the likelihood of capsize/rescues.
* Rescues to be practised within a social bubble.
* Avoid raised voices
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| Fomite transmission: The risk associated with the handling and transfer of equipment in the sport | * Sharing equipment between multiple paddlers
* Hand contact at high use areas such as door handles, locks and tap
* Transfer of equipment during sessions
* Setting up of boats
* Carrying equipment to the water
 | * Avoid sharing equipment between paddlers.
* Loan kit to individuals where possible
* Thoroughly clean equipment touch points between uses, following Manufacturer’s guidance or using soap and water.
* Regular hand sanitising especially before and after touching high contact areas or equipment.
* Avoid transfer of equipment such as paddles between paddlers during sessions.
* Clear signage to explain the risk
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| Population: The number of participants likely to take part in the proposed activity plus known risk factors of participants with underlying health conditions or high-risk groups who wish to participate | * Large group sessions
* Mixing of different households
* Lack of understanding of individuals risk profile.
* Managing the size of activity groups
 | * Staggering group times to avoid large numbers gathering.
* Ensure that groups on the land observe the ‘rule of six’ and continue to social distance.
* Identify club members who may be at a higher risk of contracting the virus and discuss their needs with them (Age, Gender, Ethnicity)
* Keeping activity distinct from other groups around you
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