**Kayaking from the Club**

\* If you have any signs/symptoms of illness stay away from the club

\* When at the club Observe the 2-metre rule at all times.

\* Only competent paddlers permitted on water.

\* Only boat shed accessible at the Rowing club. No Changing rooms no toilet facilities

\* Come changed ready to paddle.

\* Leave all towels and dry clothing in Car none to be placed in shed.

\* Provide own hand sanitizer for hands before opening and shutting boat store door and using tap

 \* Only handle your own boat and equipment in shed.

 \* Only one person in boat shed at any one time unless from the same household requiring a double kayak.

\* When you have your boat do not stand about access the water as soon as possible.

\* Access and egress water at the upstream end of the steps one boat at a time there is a taped off area for us.

\* On the water you should always maintain 2 metre separation and should only be paddling with one other unless from same household.

\* Club boats, and paddles to be washed after use there is disinfectant, bucket and sponge inside boat store Sanitize hands before use of tap

\* Store your paddles / buoyancy aid in your boat after use or take them home

Tony Spencer